

3 Day Emergency "Survival" Kit

Fits in 1 gallon zip lock bag



- 6-9 packages cheese/peanut butter crackers
- 6-9 fruit cups
- 6 paper towels
- flash light with batteries (keep batteries separate until use)
- solar blanket
- small container hand disinfectant
- very basic first aid kit
- 6 tylenol/aspirin/medications



Pack water separately.