

Sample letter and directions

Comfort Kits for Kids @ Daycare

Dear Parents,

Attached is a 2 gallon zip-lock bag to use for your child's 72 hour emergency kit.

Please enclose:

- ✓ A family photo which includes your child
- ✓ A comfort note from you to your child. The teachers will read it to them as often as needed.
- ✓ An emergency blanket (mylar blanket can be found in sporting goods stores)
- ✓ A small flashlight with battery
- ✓ A toothbrush
- ✓ A small stuffed animal from home
- ✓ Four non-perishable snack items. We will provide food but the snack items are a special treat from home. Remember NO NUT products.
- ✓ Any other small comfort item they like in case they are in our care during an extended emergency
- ✓ If your child has medication that is required daily, talk to the program director to make arrangements.

Ask your child to assist you as you pack a comfort kit. You can help them write a note or draw a picture for you to put in your "grown-up" comfort kit. Use this time to talk about emergencies and preparedness. For more ideas go to www.ready.gov.

Thank you for letting us care for your children.

Directions: Collect all the bags and put in a large plastic tote. Keep that tote, along with a supply of food, liquid premixed formula for infants, juice boxes and water in a specific location at your center. Once a year, have an emergency drill and discuss with the children what would happen during an emergency. Discuss concerns, ideas and what "preparedness" means. Eat the snacks during this time and look at the photos. Plan to do this during a week when kits are to be updated with current pictures, notes and fresh non-perishable food items.



Kit list courtesy of Heather Havey

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Updated 2012