

EMERGENCY PREPAREDNESS

Disaster can strike quickly and without warning. You can be forced to evacuate your home or to be confined to your home or place of employment. What would you do if did not have water, electricity, gas or telephone after a major emergency? Emergency responders, including Fire and Police will respond, but they cannot reach everyone right away. Families need to be prepared to cope with any disaster as they may be on their own for up to 30 days. Building and maintaining an emergency supply kit for your home can make a difference.

EMERGENCY SUPPLIES FOR YOUR HOME 30 DAYS - Many Ways

Emergency Supplies

- Water to last 30 days/smaller bottles are recommended* (one gallon/day/person for hydration & cooking; one gallon/day/person for washing)
- Water filtration pump/system
- Duffel bags, or other durable containers for all items listed below
- Non-perishable, ready-to-eat food/ write date on food kept in your kit
- Canned food is heavier, but supplies water with meals
- Dehydrated, freeze-dried foods, or Ready-to-eat foods in packages w/self-heating packets
- Manual can opener and basic food utensils
- Mess kits, or paper plates and cups, and plastic silverware
- Small camp stove or "Canned heat" (Sterno)
- Household liquid bleach (unscented) and medicine dropper
- Reseal able plastic bags
- Flashlight with batteries and a spare bulb, or Crank-up Flashlight
- Portable radio with spare batteries
- Paper, pencil, permanent marker
- Pliers/wrench/screwdriver
- Small shovel
- Pocket knife
- Duct tape
- 'Rescue' Tape*
- Whistle
- Small A-B-C type fire extinguisher
- Large Tarp/Tent
- Work Gloves
- Lighter/Matches
- Bucket

PERSONAL CARE SUPPLIES

- Toilet paper
- Pre-moistened towelettes*
- Personal hygiene items such as soap, shampoo, toothbrush, hand sanitizer, etc.
- Feminine supplies
- Heavy-duty plastic garbage bags with ties
- Medium size plastic garbage bags for toilets

INFANT AND CHILDRENS' ITEMS

- Formula and bottles
- Powdered milk
- Comfort Teddy Bear
- Disposable Diapers.
- Family Pictures (store in plastic zip bag)

FOR EACH MEMBER OF THE HOUSEHOLD

- FIVE complete change of clothing
- ONE set of waterproof clothing
- Sturdy Shoes (keep by bed)
- Rain Poncho
- Warm cap and gloves
- Blanket or sleeping bag for each person
- Space blanket for each person

FIRST AID AND MEDICAL

- Basic First Aid Book
- Basic First Aid Kit
- 30 days of any prescription medications*
- Personal list of medications (store in plastic zip bag)
- Denture needs
- Spare contact lenses and supplies
- Pair of extra eyeglasses*
- Spare hearing aid batteries

OTHER

- Pet Food and extra water for pets
- Games, cards, books, other entertainment, especially for children
- Roll of quarters and dimes (*\$40.00 worth-minimum for pay phones; food purchases*)-
*keep in spent prescription bottles, or old film canisters**
- Insurance policy numbers
- Name and phone number of insurance agent and doctors
- Banking/Credit Card account & contact information
- Out of state contact number and numbers of people you want to contact
- Phone Card*
- Photo Identification (old driver's license)

STORAGE OF SUPPLIES

Store emergency supplies in one location that is easily accessible, cool, and dry (such as garage corner, closet, or under a bed). Use clean portable containers such as a garbage can on wheels, plastic tubs with lids or duffle bags. If you evacuate, take your kit with you.

Replace stored food and water once a year.