

21 DAY EMERGENCY SUPPLY LIST FOR YOUR HOME

Disaster can strike quickly and without warning. You can be forced to evacuate your home or to be confined to your home or place of employment. What would you do if did not have water, electricity, gas or telephone after a major emergency? Emergency responders, including Fire and Police will respond, but they cannot reach everyone right away. Families need to be prepared to cope with any disaster as they may be on their own for two to three weeks. Building and maintaining an emergency supply kit for your home can make a difference.

Clothing for Each Member of the Household

- ◆ Five complete changes of clothing
- ◆ Sturdy Shoes (keep by bed)
- ◆ Rain Poncho
- ◆ Warm cap and gloves
- ◆ Blanket or sleeping bag for each person

First Aid and Medical

- ◆ Basic First Aid Book
- ◆ First Aid Kit: adhesive bandages, acetaminophen-children's, alcohol wipes, bandages/dressings, butterfly adhesive strips, cotton balls, saline eye drops, disposable gloves, pocket CPR mask, sanitary napkins, non-allergenic surgical tape, thermometer, tweezers, safety pins, scissors, splints
- ◆ 21 days of any prescription medications and copies of prescriptions
- ◆ Denture needs
- ◆ Spare contact lenses and supplies
- ◆ Pair of extra eyeglasses
- ◆ Spare hearing aid batteries

Food

- ◆ Non-perishable, ready-to-eat food...*try the self-heating dry food paks*
- ◆ Manual can opener, food utensils, mess kits, or paper plates and cups, and plastic silverware
- ◆ Small camp stove or "Canned heat" (Sterno)

General Emergency Supplies

- ◆ Duffel bag, or other durable container for all items listed below
- ◆ Reseal able plastic bags
- ◆ Flashlight, spare bulb, portable radio with spare batteries or crank type
- ◆ Paper and pencil
- ◆ Pliers/wrench/screwdriver
- ◆ Small shovel
- ◆ Pocket knife
- ◆ Plastic sheeting, duct tape and scissors
- ◆ Whistle
- ◆ Small A-B-C type fire extinguisher
- ◆ Large Tarp/Tent
- ◆ Work Gloves
- ◆ Lighter/Matches in waterproof container
- ◆ Emergency Blanket

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Hygiene and Personal Care

- ◆ Bucket with cover (for an emergency toilet, if needed) and medium-sized plastic garbage bags
- ◆ Hygiene products (toilet paper, moist towelettes, tissues, hair and mouth care items, hand sanitizer, feminine supplies)
- ◆ Paper towels
- ◆ Heavy-duty plastic garbage bags with ties

Other

- ◆ Copies of important documents (photo ID or drivers license, birth certificate, Social Security card, passport, credit cards, insurance policies, bank statements, mortgage, etc.) stored in waterproof container
- ◆ Name and phone number for insurance agent, doctors, etc.
- ◆ Cash, checks, credit cards, rolls of quarters and dimes for pay phones, purchases
- ◆ Pet food and extra water for pets
- ◆ Games, books, other entertainment, especially for children
- ◆ Out of state contact number and numbers of people you want to contact

Supplies for Infants and Children

- ◆ Formula and bottles
- ◆ Powdered milk
- ◆ Comfort Teddy Bear/Comfort Kits
- ◆ Disposable Diapers

Water

- ◆ Water (21 gallons per person) to last 21 days... *smaller bottles are best*
- ◆ Household liquid bleach (unscented) and medicine dropper

Storage of Supplies

Store emergency supplies in one location that is cool, dark and safe (such as garage corner, closet, or under a bed). Use clean portable containers such as a garbage can on wheels, plastic tubs with lids or duffle bags on wheels. Replace stored food and water once a year.

