



# Clallam County Community Resource Guide

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The following guide lists the essential services for people who experience Intellectual and Developmental Disabilities (IDD) in Clallam County

The following guide lists the essential services for individuals who experience Intellectual and Developmental Disabilities (IDD) in Clallam County.

Please submit additions, deletions, or modifications to Clallam County Health and Human Services, Developmental Disabilities:  
[chelsea.reynolds@clallamcountywa.gov](mailto:chelsea.reynolds@clallamcountywa.gov)

You can access the guide online at [clallamcountywa.gov/590/Developmental-Disabilities](https://clallamcountywa.gov/590/Developmental-Disabilities)

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# Advocacy / Disability Supports

## Clallam Mosaic

 [clallammosaic.org](http://clallammosaic.org)

 360-797-3602

205 Black Diamond Road, Port Angeles, WA 98362

Offers services to those of all abilities including families and caregivers to help connect with resources and the community. Clallam Mosaic offers classes for adults and children of all abilities to expand soft skills and expand advocacy and community connections. Clallam Mosaic also hosts an all-inclusive art gallery and studio for those of all abilities and talents.

Host to Parent to Parent and Informing Families - Providing help to families in connecting and applying for resources, IEP planning and meetings, 504 planning and meeting, advocacy, and support for all parents and caregivers.

## Dads M.O.V.E

 800-736-0979

Serving Families in Washington State, Dads MOVE provides family-centered wraparound peer services and education to help meet the needs of families in our community.

## Northwest ADA Center

 [nwadacenter.org](http://nwadacenter.org)

 800-949-4234

Information, training, and guidance on the Americans with Disabilities Act (ADA)

## Olympic Connect

 [olympicconnect.org](http://olympicconnect.org)

 360-301-8252

Olympic Connect is a community-driven network of partners on the Olympic and Kitsap Peninsulas who are dedicated to helping you get the support and care you need to thrive. Through Olympic Connect, trusted helpers called community-based workers will help you access services like housing, food assistance, health care, childcare and more.

## Open Doors for Multicultural Families

 [opendoorswa.org](http://opendoorswa.org)

 253-216-4479

Provides culturally and linguistically relevant information, services, and programming to individuals with developmental disabilities and their families.

# Advocacy / Disability Supports

## PAVE

 [wapave.org](http://wapave.org)

Parent-directed organization, information, and training available to parents about the educational and healthcare systems for individuals who experience a disability. Workshops, referrals, IEP support and information.

## People First of Washington

 [peoplefirstofwashington.org](http://peoplefirstofwashington.org)

Self-advocacy and support.

## The Arc of Washington State

 [arcwa.org](http://arcwa.org)

The Arc of Washington State advocates for quality services and necessary funding to meet the needs of people with intellectual and developmental disabilities and their families.

# Behavioral Health Services and Supports

## Peninsula Behavioral Health

 [peninsulabehavioral.org](https://peninsulabehavioral.org)

 360-457-0431

118 E 8th Street, Port Angeles, WA 98362

Professional counseling for children, adolescents, and families. Art therapy, play therapy, and group therapy, social skills program.

## Seattle Children's Autism Center

 [seattlechildrens.org/clinics/autism-center](https://seattlechildrens.org/clinics/autism-center)

 206-987-8080

Assessment, diagnosis, treatment, and support.

# Blind and Deaf Services

## Department of Services for the Blind



[dsb.wa.gov](https://dsb.wa.gov)



800-552-7103

Independent living, vocational rehabilitation, orientation, training assistive technology training/services, family services.

## Office of the Deaf & Hard of Hearing (ODHH)



[dshs.wa.gov/altsa/odhh](https://dshs.wa.gov/altsa/odhh)



360-725-3450 or 800-422-7930

Services for persons who are deaf, hard of hearing, deaf-blind or hearing with a speech disability.

## Port Angeles Lions Club



[e-clubhouse.org/sites/port\\_angeles](https://e-clubhouse.org/sites/port_angeles)

The Lions are traditionally known for their support of sight and hearing in our own communities, and around the world. Any Clallam County resident that is in need can apply for either sight or hearing impaired financial assistance.

## Sequim Lions Club



[e-clubhouse.org/sites/sequim\\_valley](https://e-clubhouse.org/sites/sequim_valley)

The Lions are traditionally known for their support of sight and hearing in our own communities and around the world. Any needy Sequim Area resident can apply for either sight or hearing impaired financial assistance.

## Washington State School for the Blind



[wssb.wa.gov](https://wssb.wa.gov)



360-696-6321

2214 E 13th Street, Vancouver, WA 98661-4120

On-campus programs at no cost to parents and districts, Lions Low Vision Clinic, Instruction Resource Center, Braille Production and Statewide Technology Center

# Caregiver Supports

## Concerned Citizens



[ccpnw.org](http://ccpnw.org)



Port Angeles 360-452-2396



Forks 360-374-9340

Offers a range of Homecare and Respite Services that help both clients and caregivers with in-home personal care, respite services, relocation and stabilization services, and a residential housing option.

## Lifespan Respite Washington



[lifespanrespitewa.org](http://lifespanrespitewa.org)



253-565-2266

Monthly online caregiver support groups.

## Olympic Area on Aging



[o3a.org/programs/caregiver-support/family-caregiver-support-program](http://o3a.org/programs/caregiver-support/family-caregiver-support-program)



360-417-8549 or 1-800-801-0070

Offers services to unpaid family caregivers, age 18 and older, living in Clallam County.

## Parent to Parent of Clallam County



[clallammosaic.org](http://clallammosaic.org)



360-406-1215

129 W 1st Street, Port Angeles, WA 98362

Clallam County Parent to Parent provides personal, emotional and social support to families. Offering assistance to those caring for an individual with developmental disabilities and/or special health care needs, connecting them with other parents who have similar experiences.

# Children's Therapy Services

## Easter Seals Olympic Peninsula Autism Center

 [easterseals.com/washington](http://easterseals.com/washington)

 360-337-2222

3100 Bucklin Hill Rd NW, Suite 215, Silverdale, WA 98383

Applied Behavior Analysis (ABA) services provided to children with Autism, birth to age 18.

## Mary Bridge Physical Therapy

 [marybridge.org](http://marybridge.org)

 253-697-5200

Provides evaluations, treatment planning, individual therapy sessions and parent education.

## Mary Bridge Speech Therapy

 [marybridge.org](http://marybridge.org)

 253-697-5200

Mary Bridge Children's speech-language therapists provide evaluation, treatment, consultation and family education in both inpatient and outpatient settings.

## Olympic Medical Pediatric Physical Therapy

 [olympicmedical.org/services/physical-therapy](http://olympicmedical.org/services/physical-therapy)

 Port Angeles 360-417-7728

 Sequim 360-582-2601

A variety of physical therapy services for children, including therapies for certain newborn conditions; developmental disorders, including autism; and cerebral palsy.

## Olympic Medical Pediatric Speech Therapy

 [www.olympicmedical.org/services/speech-therapy](http://www.olympicmedical.org/services/speech-therapy)

 Port Angeles 360-417-7728

 Sequim 360-582-2601

Evaluation of speech delays, therapy to help nonverbal children who have autism spectrum disorder communicate when they're tired, thirsty, hungry or upset. Treatment for stuttering and other speech disorders.

## Seattle Children's Hospital

 [seattlechildrens.org](http://seattlechildrens.org)

 866-987-2000

4800 Sand Point Way NE, Seattle WA 98105

# Dental Services

## **DECOD (Dental Education in the Care of Persons with Disabilities) at the University of Washington School of Dentistry**

 [dental.washington.edu/DECOD](https://dental.washington.edu/DECOD)

 206-543-4619

DECOD serves people with developmental and acquired disabilities, as well as residents of specific care facilities.

## **Seattle Children's Dental Services**

 [seattlechildrens.org/clinics/dental](https://seattlechildrens.org/clinics/dental)

 206-987-2243

Seattle Children's Dental Clinic provides a wide range of dental services for children and teens with certain complex medical conditions, developmental delays or behavioral problems. We provide routine preventive care and specialized dental services.

## **Washington State Dental Association Directory**

 [wsda.org/public-resources/special-needs-directory](https://wsda.org/public-resources/special-needs-directory)

A list of dentists who provide dental care to patients with developmental or acquired special needs.

# Early Learning / Newborn

## Concerned Citizens – Birth to Three Infant and Toddler Program

 [ccpnw.org/early-intervention](http://ccpnw.org/early-intervention)

 360-379-1315 ext. 300

This program is for children with a medical diagnosis and/or developmental delays in the areas of gross/fine motor, communication/language, and/or social, emotional, cognitive or adaptive skills.

## Olympic Medical Center New Family Services

 [olympicmedical.org/services/labor-and-delivery/new-family-services/](http://olympicmedical.org/services/labor-and-delivery/new-family-services/)

 360-417-7652

939 Caroline St., Port Angeles, WA 98362

Lactation support, childbirth education, support group.

## OLYCAP

 [www.olycap.org](http://www.olycap.org)

 360-452-4726

228 W 1st Street, Suite J | Port Angeles, WA 98362

Early Childhood Services, Head Start, Early Head Start, Early Childhood Assistance Program (ECEAP).

## First Step Family Support Center [firststepfamilysupport.org/](http://firststepfamilysupport.org/)

Help is available from a family support social worker, nurse, nutritionist, and a case manager during and after your pregnancy.

### Port Angeles Drop-In Center

Monday – Thursday, 1 PM – 4 PM

325 E. 6th Street, mailing P.O Box 249, Port Angeles 98362

 360-457-8355

### Forks Drop-In Center

Monday – Thursday, 1 PM – 4 PM

1071 S Forks Ave, Forks, WA 98331

 360-374-2427

## hi•dubał baʔas

 [hidubathbaas.org](http://hidubathbaas.org)

 360-217-9004

The name "hi•dubał baʔas" resonates as a nurturing haven, inviting mothers and families to unite in the practice, reverence, and reawakening of Makah birthing and parenting traditions.

# Education

## Disabilities, Opportunities, Internetworking and Technology (DO-IT)



[washington.edu/doit](http://washington.edu/doit)



206-685-3648

Grant funded program that focuses on college and career preparation for students with disabilities. Information and training for employers and educators.

## Olympic ESD 114



[Oesd114.org](http://Oesd114.org)



360-478-6886

Serves the Olympic Peninsula.

## PAVE Parent Training and Information



[wapave.org](http://wapave.org)



253-565-2266

PAVE's program called Parent Training and Information (PTI) helps family caregivers, youth, and professionals with questions about services for children and young people with disabilities, ages 0-26. PTI provides direct help, training for groups, and access to resources.

## Peninsula College



[pencol.edu](http://pencol.edu)



360-417-6373



Video Phone 360-406-4759

Peninsula College Access Service Department works with students, instructors, staff, administration, and the community to ensure that the accommodations necessary to create equal access are provided to all Peninsula College students.

## Office of the Education Ombudsman



[oeo.wa.gov](http://oeo.wa.gov)



866-297-2597

Resolves complaints, disputes and problems between families and WA State public schools.

## Cape Flattery School District School District Special Education



[www.cfsd401.org](http://www.cfsd401.org)



360-780-6537

## Crescent School District School District Special Education



[csd313.org](http://csd313.org)



360-928-3311

# Education

## Port Angeles School District Special Education

 [portangelesschools.org](http://portangelesschools.org)

 360-457-8575

## Quillayute Valley School District Special Education

 [qvschools.org](http://qvschools.org)

 360-374-6262

## Quileute Tribal School Special Education

 [qtschools.org](http://qtschools.org)

 360-963-4100

## Sequim School District Special Education

 [sequimschools.org](http://sequimschools.org)

 360-582-3260

# Employment Services / Community Inclusion

## Concerned Citizens



[ccpnw.org](http://ccpnw.org)



Port Angeles 360-452-2396



Forks 360-374-9340

Provides employment support programs help individuals with and without disabilities find and sustain employment, services and coaching offered throughout Clallam County.

## Morningside



[morningsideservices.com](http://morningsideservices.com)



360-452-7919

Employment services for individuals with disabilities in Washington State.

## Pierce, Jones & Associates



[piercejones.net](http://piercejones.net)



360-582-9965

Provides community-based assessments, job development and placement, job training, independent life skills and education about social security while fostering inclusion throughout Clallam County.

## Division of Vocational Rehabilitation



[dshs.wa.gov/dvr](http://dshs.wa.gov/dvr)

Offers individualized vocational rehabilitation counseling, employment services and supports to people with disabilities who want to work but face substantial barriers in finding meaningful and sustained employment.

## Lower Elwha Klallam Tribal Vocational Rehabilitation



[elwha.org/departments/social-services/vocational-rehabilitation-program](http://elwha.org/departments/social-services/vocational-rehabilitation-program)



360-760-7549

Offers assistance for disabled, enrolled Native Americans/Alaskan Natives living in our service area, find work.

## WISE



[gowise.org](http://gowise.org)

A private, not for profit organization dedicated to expanding and sustaining employment opportunities for people with intellectual and developmental disabilities. Person centered trainings, webinars and technical support.

# Financial

## Developmental Disabilities Endowment Trust Fund

 [arcwa.org](https://arcwa.org)

 888-754-8798

Supports individuals with developmental disabilities and their families to set aside funds for future use without affecting their eligibility for government benefits and services.

## Northwest Access Fund

 [nwaccessfund.org](https://nwaccessfund.org)

 206-328-5116

Low interest loans for any type of assistive technology device or services, as well as vehicle and home modifications.

## Washington State ABLE Savings Plan

 [washingtonstateable.com](https://washingtonstateable.com)

Program for people with eligible disabilities to save for their everyday needs, invest in a tax-advantaged account and prepare for the future without losing their state or federal benefits.

# Government and State Supports

## Clallam County Health and Human Services - Developmental Disabilities

 [clallamcountywa.gov/590/Developmental-Disabilities](https://clallamcountywa.gov/590/Developmental-Disabilities)

 360-417-2407

Individualized Supported Employment, Community Inclusion, and Transition Services

## Clallam County Health and Human Services - Public Health

 [clallamcountywa.gov/642/Public-Health](https://clallamcountywa.gov/642/Public-Health)

Immunizations, Birth and Death Certificates

### Port Angeles Office

111 E 3rd Street, Port Angeles, WA 98362

 Port Angeles 360-417-2274

### Forks Office

140 C Street, Forks, WA 98331  
Tuesday, Thursday, Friday Only

 Forks 360-374-3121

## Department of Social and Health Services (DSHS), Community Services Office

 [dshs.wa.gov](https://dshs.wa.gov)

 877 501-2233

 TTY: 800-833-6384

201 W 1st St Port Angeles, WA 98362  
Food stamps, financial and medical assistance.

## DSHS, Adult Protective Services

 [dshs.wa.gov](https://dshs.wa.gov)

 877-734-6277

Investigates allegations of abuse, neglect, abandonment, and financial exploitation of vulnerable persons over the age of 60, individuals 18 and over with disabilities, information, and referral.

## DSHS, Aging and Long-Term Support Administration

 [dshs.wa.gov/altsa](https://dshs.wa.gov/altsa)

 360-725-2300

## Developmental Disabilities Community Services (DDCS) – Clallam County Office

 [dshs.wa.gov/dda](https://dshs.wa.gov/dda)

 360-912-8310

201 W 1st Street, Suite 2, Port Angeles, WA 98362  
Intake, information and referral, case/resource management, residential, community and employment support, eligibility assessments for personal care services.

# Government and State Supports

## Department of Health Children and Youth with Special Health Care Needs (CYSHCN)

 866-557-5111

Children birth to 18 years of age who have, or are at risk of having, serious physical, developmental, behavioral, or emotional conditions; and/or who require health and related services of a type and amount beyond what is generally required and who are WA state residents.

## DSHS, Health Care Authority

 [hca.wa.gov](http://hca.wa.gov)

 800-562-3022

Free or low-cost health care for those that qualify.

## DSHS, Working Connections Childcare

 [dcyf.wa.gov](http://dcyf.wa.gov)

 844-626-8687

Childcare subsidies for working parents, eligibility and program requirements apply.

# Health and Healthcare

## Elwha Health & Dental Clinic



[elwhahealth.org](http://elwhahealth.org)



360-452-6252

Provides healthcare services to Elwha Tribal Members, AI/AN, and the local community. These services are provided in a standalone health clinic and include primary care services, mental health treatment services, dental services, and substances abuse treatment services.

## Family to Family Health Information Center



[familyvoicesofwashington.org](http://familyvoicesofwashington.org)



253-565-2266

F2F serves families who have children and youth with special health care needs age birth to 26 years. Provides individual information on supporting your child in the health care system and refer you to resources that are available in Washington State that provide information on health care.

## Jamestown Family Health Clinic



[jamestownhealth.org/](http://jamestownhealth.org/)



360-683-5900

The clinic provides primary medical services to Tribal citizens and Non-tribal community members seeking quality healthcare.

## North Olympic Healthcare Network



[nohn-pa.org](http://nohn-pa.org)



360-452-7891

Pediatric care, regular medical check-ups throughout life, sports physicals, minor medical procedures, and care for our patients in the hospital.

## Olympic Medical Center - Children's Clinic



[olympicmedical.org](http://olympicmedical.org)



360-565-0999

A Center of Excellence for Autism. Patients can get the same autism spectrum diagnosis that they would get at Seattle Children's without having to travel.

# Housing / Living Assistance

## CCH Individualized Support Services

 [cchiss.org](http://cchiss.org)

 360-452-9663

CCH serves adults with life-long disabilities attributable to mental and/or physical impairments manifested prior to age 18. Direct service to the needs of the individual for personal care.

## Kitsap Tenant Support Services

 [kitsaptenantsupportservicesinc.com](http://kitsaptenantsupportservicesinc.com)

 360-377-7307

Provides habilitative services, caregiving, training, support, and supervision to persons with developmental disabilities and special needs.

## Lower Elwha Housing Authority

 360-457-5116

## Partners 4 Housing

 [partners4housing.com](http://partners4housing.com)

## Peninsula Housing Authority

 [peninsulapha.org](http://peninsulapha.org)

 360-452-7631

Peninsula Housing Authority is a special purpose government agency providing long-term rental housing, tenant-based rental subsidies and a homeownership housing program in Clallam and Jefferson Counties.

# Information and Referral

## Childcare Action Council

 [ccacwa.org](http://ccacwa.org)

Child Care Action Council works with the statewide CCA of WA Family Center where resource and referral counselors provide parents with free childcare referrals and other family resources.

## PAVE

 [wapave.org](http://wapave.org)

Parent-directed organization, information, and training available to parents about the educational and healthcare systems for individuals who experience a disability. Workshops, referrals, IEP support and information.

## Project SAFER

 [clallamcountywa.gov/1882/Project-SAFER](http://clallamcountywa.gov/1882/Project-SAFER)

Project SAFER (Special Assistance For Emergency Response) will strive to improve encounters between community members who experience intellectual and developmental disabilities (I/DD) and members of our police, fire and emergency personnel. Individuals, families, care providers, and community partners will collaborate to ensure inclusive and secure emergency interactions by supplying First Responders with details regarding approach preferences, communication needs, and strategies.

## 211

 [wa211.org](http://wa211.org)

 211

A free confidential community service and your one-stop connection to the local services you need, from utility assistance, food, housing, health, child care, after school programs, elder care, crisis intervention and much more.

United Way United Way of Clallam County's mission is to strengthen our community by helping people live safe, healthy, and productive lives.

# Paralysis Community

## The Here and Now Project



[hereandnowproject.org](https://hereandnowproject.org)

The Here and Now Project connects and empowers the paralysis community in the Pacific NW. A fellowship who encourages and inspire each other to “Do Life” in the here and now.

# Protection Supports

## DSHS, Adult Protective Services

 [dshs.wa.gov/altsa/adult-protective-services](https://dshs.wa.gov/altsa/adult-protective-services)

 360-626-7840

Investigates allegations of abuse, neglect, abandonment, and financial exploitation of vulnerable persons over the age of 60 and individuals 18 and over with disabilities.

## DSHS, Division of Children and Family Services, Child Protective Services

 [dcyf.wa.gov](https://dcyf.wa.gov)

 888-713-6115

Primary intake points for requesting services, information and referrals, foster care, family preservation services, investigate allegations of abuse and neglect for children under 18.

## Disability Rights Washington

 [disabilityrightswa.org](https://disabilityrightswa.org)

 800-562-2702

Protection and advocacy for individuals with disabilities and /or mental illness.

## Washington State Office of the Family and Children Ombudsman

 [ofco.wa.gov](https://ofco.wa.gov)

An independent and impartial office that helps citizens navigate Washington state agencies serving children, youth and families.

# Recreation

## Camp Beausite NW

 [campbeausitenw.org](http://campbeausitenw.org)

 360-732-7222

510 Beausite Lake Rd, Chimacum, WA 98325

Camp Beausite Northwest (CBNW) is a place where everyone has the opportunity to be all they can be in an inclusive and welcoming residential camp environment.

## Outdoors for All

 [outdoorsforall.org](http://outdoorsforall.org)

 206-838-6030

Outdoors for All provides a variety of recreational activities for individuals with disabilities. These activities are designed to accommodate a broad range of individual skill levels; from individuals who want to try something new to athletes who aspire to compete.

## Special Olympics – Clallam County Orcas

 [specialolympicswashington.org/area/peninsula/](http://specialolympicswashington.org/area/peninsula/)

Clallam County Chapter of Special Olympics.

## Sequim Wheelers

 [sequimwheelers.com](http://sequimwheelers.com)

Sequim Wheelers offers its riders and volunteers the opportunity to enjoy an hour of fresh air and sunshine using adaptive bikes on The Olympic Discovery Trail in the Sequim area.

## T-Chair Adventures Blog

 [t-chairadventures.blogspot.com](http://t-chairadventures.blogspot.com)

T-Chair Adventures free blogsite includes free online maps of trails mainly on the Olympic Peninsula that T-Chair (Tanner in his wheelchair pushed by his Dad) have rolled along with other places they visit to get outdoors. The site includes writings on autism, eagle pictures and a list of developmental disabilities resources links.

# Respite / Personal Care

## Concerned Citizens

 [ccpnw.org](http://ccpnw.org)

 Port Angeles 360-452-2396

 Forks 360-374-9340

Offers a range of Homecare and Respite Services that help both clients and caregivers with in-home personal care, respite services, relocation and stabilization services, and a residential housing option.

## Lifespan Respite Washington

 [lifespanrespitewa.org](http://lifespanrespitewa.org)

 253-565-2266

Lifespan Respite WA offers support in the form of a voucher (financial award) for unpaid caregivers who support a family member, friend, or neighbor who has a special need or condition. The voucher is used to pay for services or programs that allow the caregiver to have respite.

# Transportation

## Clallam Transit



[clallamtransit.com](https://clallamtransit.com)



360-452-4511

Provides customer-friendly, reliable, economical, and efficient transportation services in Clallam County.

## Clallam Connect



[clallamtransit.com/clallamconnect](https://clallamtransit.com/clallamconnect)



360-452-4511 opt. 1

Clallam Connect provides door-to-door service with assistance for elderly and disabled persons within Clallam County.

## Interlink



[clallamtransit.com/interlink](https://clallamtransit.com/interlink)



360-452-4511 opt. 6

Interlink is a new, on-demand transportation service in Forks and Sequim that allows customers to book a shared trip.

## Paratransit Services



[paratransit.net](https://paratransit.net)



800-756-5438 or 360-377-1528

Provides transportation to and from Medicaid-covered appointments for Medicaid clients. Also provides transportation assistance in the form of bus passes and fuel vouchers.

# Washington State / National Advocacy / Disability Supports

**American Association on Intellectual and Developmental Disabilities** - [aaidd.org](http://aaidd.org)

**Arc of the United States** - [thearc.org](http://thearc.org)

**Arc of Washington State** - [arcwa.org](http://arcwa.org)

**Association of People Supporting Employment First** - [apse.org](http://apse.org)

**Autistic Self Advocacy Network** - [autisticadvocacy.org](http://autisticadvocacy.org)

**Autism Society of America** - [autismsociety.org](http://autismsociety.org)

**Autism Society of Washington** - [autismsocietyofwa.org](http://autismsocietyofwa.org)

**Brain Injury Association of Washington** - [brainnw.org](http://brainnw.org)

**Cystic Fibrosis Foundation** - [cff.org](http://cff.org)

**Disability Rights Washington** - [disabilityrightswa.org](http://disabilityrightswa.org)

**Epilepsy Foundation Washington** - [epilepsy.com](http://epilepsy.com)

**Washington Family to Family Health Information Center** - [familyvoices.org](http://familyvoices.org)

## **Genetic Counseling**

- **Children's Hospital & Medical Centers, Seattle** - [seattlechildrens.org](http://seattlechildrens.org)
- **University of Washington Hospital, Seattle** - [uwmedicine.org](http://uwmedicine.org)
- **Mary Bridge Children's Hospital, Tacoma** - [multicare.org](http://multicare.org)

**Governor's Committee on Disability Issues and Employment** - [governor.wa.gov](http://governor.wa.gov)

**Hydrocephalus Association** - [hydroassoc.org](http://hydroassoc.org)

**International Association of Assistance Dog Partners** - [iaadp.org](http://iaadp.org)

**International Rett Syndrome Foundation Information and Resources** - [rettsyndrome.org](http://rettsyndrome.org)

**Job Accommodation Network** - [askjan.org](http://askjan.org)

**Journey Care Grief Support** - [journeycare.org](http://journeycare.org)

**Learning Disabilities Association of America** - [ldaamerica.org](http://ldaamerica.org)

**National Association for Parents of Children with Visual Impairments** -  
[lionsvisionresource.org](http://lionsvisionresource.org)

# Washington State / National Advocacy / Disability Supports

**National Down Syndrome Congress** - [ndsccenter.org](http://ndsccenter.org)

**National Down Syndrome Society** - [ndss.org](http://ndss.org)

**National Easter Seal Society, Inc** - [easterseals.com](http://easterseals.com)

**National Institute of Health** - [nih.gov](http://nih.gov)

**National Institute of Neurological Disorders and Stroke** - [ninds.nih.gov](http://ninds.nih.gov)

**National Multiple Sclerosis Society** - [nationalmssociety.org](http://nationalmssociety.org)

**National Organization for Rare Disorders, Inc** - [rarediseases.org](http://rarediseases.org)

**National Spinal Cord Injury Network International** -

**People First of WA** - [peoplefirstofwashington.org](http://peoplefirstofwashington.org)

**Self-Advocates in Leadership (SAIL)** - [selfadvocatesinleadership.com](http://selfadvocatesinleadership.com)

**TASH** - [tash.org](http://tash.org)

**U.S. Department of Justice, ADA Homepage** - [ada.gov](http://ada.gov)

**U.S. Department of Justice, Equal Employment Opportunity Commission, (EEOC)** - [eeoc.gov](http://eeoc.gov)

**U.S. Department of Labor - Disability and Employment** - [dol.gov/agencies/odep](http://dol.gov/agencies/odep)

**Washington Assistive Technology Act Program (WATAP)** - [watap.org](http://watap.org)

**Washington Department of Services for the Blind** - [dsb.wa.gov](http://dsb.wa.gov)

**Washington PAVE** - [wapave.org](http://wapave.org)

**Parent training program Washington Prescription Drug Program (WPDP)** - [hca.wa.gov](http://hca.wa.gov)

**Washington Sensory Disabilities Services** - [wsds.wa.gov](http://wsds.wa.gov)

**Washington State Developmental Disabilities Council** - [ddc.wa.gov](http://ddc.wa.gov)

**Washington State Father's Network** - [sherwoodcs.org/wsfm](http://sherwoodcs.org/wsfm)

# Commonly Used Phrases

## A

Acute Illness—An illness that has occurred suddenly and may be serious.

Activities of Daily Living (ADL)—Behaviors necessary for self-care.

Adaptive Behavior—Use of basic skills in daily life activities.

Adult Service Agency—Federal, state or locally funded agency (with written policies and procedures) that provides services to adults and children.

Ancillary Services—Miscellaneous tests, such as laboratory or radiological exams.

Assistive Technology Device—Any item or piece of equipment that is useful to increase, maintain, or improve abilities of individuals with disabilities.

## B

Basic Health Plan (BHP)— Managed care plan available through the State of Washington to any individual or family.

Basic Health Plan/Plus (BHP/Plus)—Basic Health Plan for eligible children that provides its benefits through Healthy Options/ Medicaid.

## C

Case Management—The process of having a person's health-care needs coordinated by using an ongoing plan.

Case Manager—Individual who arranges services, ensures that clients progress through the process and completes reviews.

Coinsurance—A percentage that an insured person pays for a visit to a physician or other health care provider, a hospital stay or treatment.

Community Based Programs—Programs for individuals with disabilities that are located within the community.

# Commonly Used Phrases

## C

Concurrent Review—A review by an insurer at the time of service to verify that a patient needs continued inpatient care.

Copayment—A fixed dollar amount the recipient pays for health-care services at the

Community Resources—Public or private agencies, schools or programs offering services to people.

Curriculum-Based Vocational Assessment (CBVA)—Various tests to determine the career development and vocational instruction needs of students based on preferences in course content and curriculum; identification of students' career/vocational strengths and weaknesses.

## D

Deductible—The amount of money an insured person pays for services before the insurer starts paying the bill.

Diagnosis—Identification of a disease producing a specific condition.

Diagnostic Services—Procedures to determine the presence of a health condition.

Durable Medical Equipment (DME)—A long-lasting medical supply, such as a wheelchair.

## E

Elective Procedure—A procedure that isn't an emergency and that a patient and doctor plan in advance.

Emergency—An injury or acute medical condition likely to cause death, disability, or serious illness if not attended to very quickly.

Exclusions—Health conditions that an insurance policy specifically doesn't cover.

# Commonly Used Phrases

## F

Free Appropriate Public Education (FAPE)—A legal right guaranteed to students with disabilities in the United States, ensuring they receive special education and related services at no cost to their families. This right is enshrined in the Individuals with Disabilities Education Act (IDEA) and the Rehabilitation Act of 1973.

Functional Living Skills Assessment—Skills, interests, and values related to functioning in the home and community.

## G

Gainful Employment—Includes employment in one of the following: Competitive labor market or supported employment. Work is performed for living wage and typical benefits.

## H

Habilitation—a process aimed at helping individuals with disabilities to attain, keep, or improve skills and functioning for daily living.

Healthcare for Workers with Disabilities (HWD)—Medicaid buy-in program for workers with disabilities.

Health Maintenance Organization (HMO)—An entity that provides, offers, or arranges for coverage of designated health services needed by plan members for a fixed, prepaid premium.

Health Plan—The set of services in an insurance policy for health care.

Health Plan Employer Data and Information Set—A standardized report used to compare and evaluate HMO's.

# Commonly Used Phrases

## I

Individual Education Program (IEP)- A legally binding document that outlines a student's specific educational needs, goals, and the specialized services they will receive to support their learning.

Individuals with Disabilities Education Act (IDEA) - US federal law ensuring that children with disabilities receive a free, appropriate public education. It also mandates early intervention services for infants and toddlers with disabilities.

Independent Living Skills—Basic skills needed to meet the challenges of daily living, in the least restrictive environment.

Individualized Transition Plan (ITP)—A plan which includes long-term goals and short term objectives.

Inclusive Work Setting—work setting of a typical community business in which employees earn at or above minimum wage.

Inpatient—A patient who stays in a hospital overnight.

## J

Job Coach—Provides individualized one-to-one assistance in job placement, travel, training, skill training at the job site and ongoing support.

Job Development Specialist—An individual who contacts businesses and industries for the purpose of placing individuals in competitive employment or on-the-job training sites.

## L

Lifetime Maximum—The total amount that an insurance policy will pay out for medical care during the lifetime of a policy holder.

# Commonly Used Phrases

## M

Managed Care—A term used to describe strategies of health-care plans to control costs by monitoring services and providers used for fees charged.

Maximum Out-of-Pocket Cost—The maximum amount of money a member will have to pay from his or her own funds for deductibles, copayments, or other expenses.

Medically Necessary—Services required to prevent harm to the patient or to the patient's quality of life.

## N

Non-Participating Provider—A provider who isn't part of a specific health plan.

## P

Placement Specialist—Professional who assists in job placement.

Pre-Admission Review—A review undertaken by a health plan that happens before a patient enters a hospital to determine if the admission is necessary and appropriate.

Pre-Certification—Similar to pre-admission review but requires a certificate or authorization from the patient's health plan.

Pre-Existing Condition—A health condition that a person has that an insurance policy specifically excludes from coverage or that prevents the person from qualifying for insurance.

Preventive Care—Health care that stresses healthy behavior, regular testing, screening for diseases, and other services that detect diseases early or prevents them from occurring.

Primary Care—First-level or general care that a person receives outside a hospital.

Primary Care Physician (PCP)—The health-care provider a person most commonly calls first when a problem arises.

# Commonly Used Phrases

## P

Prior Authorization—A cost-control procedure in which an insurer requires a service or medication to be approved in advance for coverage.

Provider—A person or an agency/organization that delivers a service.

## R

Referral—When one health-care provider suggests you visit another one for the purpose of further evaluation and treatment.

## S

Screening—An assessment to determine if a person has a certain medical condition.

Service Area—The geographic area a health plan serves.

Social Security Disability Insurance (SSDI)—benefits provided to disabled and blind individuals who are “insured” by workers’ contributions to the Social Security.

Specialist—A physician whose training focuses on a particular area beyond the general training for all physicians.

Supported Employment—Paid employment for individuals with intellectual/developmental disabilities.

Supplemental Security Income (SSI)—cash assistance program to aged, blind and individuals with disabilities including children under 18 who have limited income and resources.

## T

Task Analysis (TA)—The breakdown of a particular job into its component work activities.

Tertiary Care—Highly specialized care for severe health problems.

## U

Utilization Management—The process health plans and insurers use to make sure the kind of treatment and care recommended for a patient is necessary and appropriate.