



# Clallam Connection

Clallam Connection  
September-October 2018

## LIFE BASICS

Many local residents of all ages with developmental disabilities and their families receive encouragement, supports and services from the Developmental Disabilities Administration, Department of Vocational Rehabilitation and Clallam County (HHS) Developmental Disabilities. (The last two agencies usually serve adults and young adults preparing for life after school.)

As this is now September and another school year begins, it seems like a good opportunity to remind ourselves that every day is a day of preparation for the rest of our life. Regardless of our age we plan for the next day, month or year and the time goes fast so it is never too early to plan for the future. This is something for all of us to remember whether we are retired, working, preparing for work or even just thinking about the first day of school. We all build on what we have learned and done before.

So whether you and your family are preparing to begin school, work or retirement, these are exciting times. Many of us are leaving familiar places and supports or starting on new adventures and challenges which require new skills, education or supports.

There are teachers and mentors at school to guide through the education path, but in the adult world the teachers are gone and other people may be asked to assist. It is very important to think about these changes before they happen.

As an adult, do you know what you will do after school or work? Where will you live? What would you like to do with your time? How will you pay your bills? How will you get around town? It is very important to start looking for the answers to these questions **BEFORE YOUR LAST YEAR OF HIGH SCHOOL** or before you need them. It is never too early to prepare.

Autumn  
Begins  
September  
22nd!



Nothing is  
impossible,  
the word  
itself says  
"I'm  
possible"!

- Audrey  
Hepburn

Continued on next page

## LIFE BASICS CONT..

Here is an important checklist to think about:

- Stay in school until you are 21. (Staying in a school program doesn't need to mean staying in a classroom. Ask about life skills and work experience in the community.)
- Connect to funding sources and DDA well BEFORE GRADUATION (Do it now!)
- Learn life skills, do chores and prepare to learn as much as possible.
- Have many different work experiences BEFORE GRADUATION.
- Have a paid job BEFORE GRADUATION.
- Use public transportation BEFORE GRADUATION.
- Make guided decisions about your own life.
- Take supported risks.
- Surround yourself with people who believe in you.
- HAVE A PLAN BEFORE GRADUATION!!!
- Know what questions to ask before you choose support agencies or people to help you.

ENJOY THE JOURNEY

**IF THE PLAN DOESN'T WORK  
CHANGE THE PLAN BUT NEVER THE GOAL**



**Clallam County Orcas**

6 hrs · 🌟

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So sorry - still have not posted pics from the state games. My life has been bull-dozed over the last few months -

On another subject - bowling will be starting. Athletes choose one of 2 days to practice - Thursday afternoon from 3:30 - 5:00 or Saturday morning from 10:00 - 11:30. If you live in Sequim and take para transit, you'll have to come on Saturday.

First day for Saturday bowling is September 8th

First day for Thursday bowling is September 13th

There will be no practice on Saturday October 6th because of a league tournament that will be held at the bowling alley.

The regional tournament will be held on Sunday, November 4th.

Please go to the Clallam County Orcas Facebook page, website or contact Wendy Bonham at 360-477-4134 for more information.

# DON'T FORGET

- **DDAC Meetings** — September 6th, 5:30-7:30pm, Concerned Citizens, 945 S. Forks Avenue, Forks. November 1st, 5:30-7:30pm, Clallam County Commissioners Room, Clallam County Courthouse, Port Angeles.
- **Clallam County Commissioners Meeting**—Every Tuesday at 10:00am in the Clallam County Board of Commissioners room, Clallam County Courthouse, Port Angeles
- **Sequim School Board Meetings**—Every First and Third Monday of each month at 6:30pm. For current listing go to: [www.sequimschools.wednet.edu](http://www.sequimschools.wednet.edu)
- **Port Angeles School Board Meetings**—Every First and Fourth Thursday of each month at 7:00pm. For current listing go to: [www.portangelesschools.org/administration/school\\_board/school\\_board\\_meeting\\_schedule/](http://www.portangelesschools.org/administration/school_board/school_board_meeting_schedule/)
- **Crescent School Board Meetings** - Fourth Thursday of each month at 7:00pm. For current listing go to: [www.crescentschooldistrict.org/school\\_board/board\\_meetings/](http://www.crescentschooldistrict.org/school_board/board_meetings/)
- **Quillayute Valley School Board Meetings**—Every Second and Fourth Tuesday of every month at 6:00pm. For current listing go to: [www.qvschools.org/pages/Quillayute\\_Valley\\_SD\\_402](http://www.qvschools.org/pages/Quillayute_Valley_SD_402)
- **Cape Flattery School Board Meetings** — For current listing go to: [www.capeflattery.wednet.edu/board-agendas](http://www.capeflattery.wednet.edu/board-agendas)

## LABOR DAY



Labor Day! September 3rd - Courthouse closed

The Annual Forks DDAC Meeting—Thursday, September 6th @ Concerned Citizens, 945 S. Forks Avenue. 5:30-7:30pm. Dinner provided to attendees of the meeting at 5:00pm.

Fall Begins September 22nd!



Happy Halloween! Wednesday, October 31st





Clallam  
Mosaic

*Empowering people with developmental disabilities  
for a more viable community*

## UPDATE

Clallam Mosaic's 2018 Summer term has been a resounding success. The participants enjoyed a number of field trips and activities (see picture below) and they were proud to have their art work and photos showcased at the Clallam County Fair. The term ended with a culminating BBO, hosted by Mosaic Board Member Mary Jane Duncan.



Participants at the PA Pier/Feiro Marine Life Center field trip on July 27, 2018.

Pictured (from left): Robbie, Ruthie, Spencer, Joy, Harvey, Michael, Heather, Jody, Jeremy, Kaitlyn, Ursula, Keira, Fred, Tia  
Photo Credit: April Watkins

As we look ahead to Fall, we are again doing some things a bit differently than the usual.

In September we will hold a mini-term before diving into the full Fall term. The mini-term will revolve around Theater but will also include a number of other classes. The fall sessions of the free relationships class, Circle of Friends/Circle of Life, will launch during September and carry through until December.

The September mini-term will end with 2 performances of "Something Like Hamlet" on September 28 and 29. During the performances a light meal of spaghetti & meatballs, salad and desserts will be served. So come out and break some bread with friends while enjoying great theater! Admission is by donation and all collected dollars will be put directly back into funding future programs such as theater.

Following the September programming, we will launch into an 11-week Fall term that spans from October 1 through December 21.

During the Fall term we will offer many of the classes that our participants are familiar with. There are a few things to pay particular attention to:

- Two free classes will be offered, both funded by Clallam County Health & Human Services:
  1. Circle of Life will deal with relationship topics such as feelings, crushes, dating, boundaries and so much more.
  2. Superheroes & Superskills will focus on soft skills applicable to the work place, to community living and to home life.

## CONT..

- Drumming will take place as a “class” directly preceding the monthly dances from 12 pm to 1 pm at St. Andrew’s Episcopal Church. The cost for the drumming class will be \$3. Dance admission will continue to cost \$7 and a light meal will be served during the afternoon dance. Although caregivers and family do not need to pay for entry, we do request donations to defray costs of the meal. Dance dates are: October 13, November 10 & December 8.  
Three sessions of Rec Club will be held during Fall term - 2 in Port Angeles & 1 in Sequim.

We are still working on scheduling some sessions of technology knowledge & safety during the fall. Seminar announcements for these sessions will be posted on Mosaic’s website as soon as dates have been finalized.

On the Parent to Parent front, the following Coffee & Conversations and Parents Night Out sessions have been scheduled for the Fall (see flyers):

Coffee & Conversations, 10 am to 12 pm, days/locations:

- September 11 - Common Grounds Café, Port Angeles
- October 9 - Adagio Coffee, Sequim
- November 6 - New Day Café, Port Angeles

Parents Night Out, 5:30 pm start, days/locations:

- September 21 - Sergio's, Port Angeles
- October 19 - Baja Cantina, Sequim
- November 17 - Sergio's, Port Angeles

And, of course, a bit of a plug for the upcoming Clallam Mosaic Annual Gala which will take place on Saturday, October 20, 2018. Doors open at 4 pm with a viewing and social time preceding the dinner service which will begin at 5:30 pm.

The Gala is the biggest fundraising event for Mosaic. The evening raises much needed funds that help fill the gap between income and expenses. Mosaic provides programming at low cost to clients because of fundraising efforts. If you would like to help keep our program costs low, then please come out and support our mission by buying a ticket to this amazing evening of dinner, dancing, live and silent auctions.

Tickets for the gala are available through our website (<http://www.clallammosaic.org/gala>) or by calling 360.681.8642 or 360.797.3602.

Finally, we are in the process of planning for the February 8, 2019 Night to Shine prom. We are actively seeking support from the community in order to make the event the most memorable yet. If you would like to get involved or have items/funds to contribute please get in touch with us at [clallamnts@gmail.com](mailto:clallamnts@gmail.com) or 360.775.5693.

**We are looking for diverse members to serve on  
the Developmental Disabilities Advisory  
Committee**



*If you are interested, please contact Tim Bruce at (360) 417-2428 or [tbruce@co.clallam.wa.us](mailto:tbruce@co.clallam.wa.us)*

# UPCOMING CLASSES

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**Paying the Bills**  
**Money Matters**

Join us for fun learning, The more the merrier, Bring a friend. Daily Door Prizes, Bonus prize for best attendance. **Free Food**



**Concerned Citizens**



Where?

**Port Angeles Classes: Concerned Citizens 803 E. 8th**

**Forks Classes: Family First Center**

**When? 12:30 pm – 2:30 pm**

**September: 12, 19, 26**, Goals and spending plan, Monthly payment schedules, calendars, planning tools

**October: 3, 10** Social Security, Work Incentives, Recapping what we learned, going over basics

**Port Angeles People**  
RSVP to Lambros Rogers  
360.452.2396 ext.  
Leave a message  
Facilitator: Lambros Rogers

**Forks People**  
RSVP to Linda Middleton  
360.374.9340 ext. 217  
Leave a message  
Facilitator: Linda Middleton

**Skills to Grow –  
The Power of Me**

**Hosted  
By**

**Concerned Citizens**



Free Food--- Oh Yeh



**Where?**

**Port Angeles Classes: Place to be announced**  
**Forks Classes: Family First Center**

**When?**

**3:30 PM to 6:00 PM**

**Dates?**

- September: 6<sup>th</sup> Communication {Part 1}**
- September: 13<sup>th</sup> Communication {Part 2}**
- September: 20<sup>th</sup> Enthusiasm & Attitude**
- September: 27<sup>th</sup> Teamwork {Part 1}**
- October: 4<sup>th</sup> Teamwork {Part 2}
- October: 11<sup>th</sup> Networking
- October: 17<sup>th</sup> Problem Solving
- November: 1<sup>st</sup> Critical Thinking**
- November 8<sup>th</sup> Professionalism**
- November 15<sup>th</sup> More Soft Skills**

Join us for fun learning, the more, the merrier! Anyone can come.  
Bring a friend. Learn how to be successful looking for work and working.

**Door Prizes every day.**

**RSVP is best or just come as you can.**

**Bonus Prize for the best attendance on the last day, November 15**

**Forks People**

RSVP to Linda Middleton  
360.374.9340 ext. 217  
Leave a message  
Facilitator: Linda Middleton

**Port Angeles People**

RSVP to Jake Baker  
360.452.2396 ext.  
Leave a message  
Facilitator: Jake Baker

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Clallam County Health & Human Services  
Developmental Disabilities  
111 E. 3rd Street  
Port Angeles, WA 98362

Got a Story? Got News? Contact Tim Bruce at  
360-417-2428 or [tbruce@co.clallam.wa.us](mailto:tbruce@co.clallam.wa.us)

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[facebook.com/ClallamCountyDD](https://facebook.com/ClallamCountyDD)

**SPREAD THE WORD**  
**TO END THE WORD**  
**www.r-word.org**