



Clallam Connection

Clallam Connection
January-February 2016

FAREWELL TO MARY

A big "Thank You" and a farewell to Mary Clifton, our Developmental Disabilities Case Manager. After 3 years with us, she has moved away to be near her children and grandchildren.

Mary has been an integral part of our section and has brought many local business leaders to our Business Leadership Advisory Committee (BLAC) and ensured that Employers of the Month were recognized for hiring persons with developmental disabilities. She worked on outreach to the business community through Chamber of Commerce meetings, Business Expo's, Rotary and even spoke at a Studium Generale at Peninsula College.

She worked hard and was successful in getting Port Angeles School District students set up for Work Experience sites with Clallam County Health & Human Services, Clallam County Department of Community Development and other locations in Port Angeles.

Share a Heart!



Happy Valentine's Day

The sweetest words are spoken from the heart.

- anonymous





UPDATE

We are currently in the middle of our basketball season. We have about 35 athletes playing on 3 teams that are coached by some great folks!! Our first tournament will be held on January 30th, followed by a regional tournament the following weekend. Winners at the regional level will compete at the Winter Games to be held in Wenatchee over the first weekend in March.

In early March we will begin our Spring season that will include swimming and track and field. This is a great season to start if you have not participated with Special Olympics. We have lots of fun for athletes with all levels of ability and a lot of our athletes participate in walking races.

The Clallam County Orcas is a program of Special Olympics Washington. We currently are involved in sports training and competition year-round. We have bowling in the fall, basketball in winter, track and field and swimming in spring, and softball and golf in the summer. We are hoping to add kayaking and perhaps other sports, gearing up for the National Summer Games that are coming to Seattle in 2018

If you are interested in participating as an athlete or volunteer - please contact Wendy Bonham at 360-477-4134 or through e-mail at ClallamCountyOrcas@gmail.com.

The BLAC (Business Leadership Advisory Committee) Employers of the Month, recognized for employing persons with developmental disabilities were:



November:
McDonald's
Port Angeles

December:
YMCA



WANTED!

Diverse members with knowledge of and interest in services for people with developmental disabilities to serve on the Developmental Disabilities Advisory Committee.

If you are interested in joining, please contact Tim Bruce at (360) 417-2428 or tbruce@co.clallam.wa.us

"There are those who look at things the way they are, and ask why... I dream of things that never were, and ask why not?"
- Robert Kennedy

DON'T FORGET

- **DDAC Meetings**—Thursday, January 7th, and Thursday, March 3rd, at the Board of County Commissioners Board Room, Clallam County Courthouse and Videoconferencing: District Court, Forks.
- **BLAC Meeting**—“Business Leadership Advisory Committee”, a subcommittee of the DDAC, will be on a date yet to be determined. Check the website for current information at: www.clallam.net/HHS/HumanServices/blac

UPCOMING EVENTS

HOLIDAYS:

Presidents' Day—February 15th

SPECIAL OCCASIONS:

Valentine's Day—Sunday, February 14th



EVENTS



The **Clallam County Hiring & Resource Event** is coming up on Wednesday, March 23rd, 10am–1pm at Vern Burton Community Center in Port Angeles. This is a great opportunity to network with resources and attend workshops to help you or your family member get ready for work. Employers who are hiring will also be in attendance. If you are looking for a job,

please come job ready and prepared to speak to the employers and fill out an applications. Lunch will be served, free of charge. This event is free to the public and will include high school transition students from all Clallam County schools. Parents are encouraged to attend with their student.



Upcoming Courthouse Closures:

February 15th—Presidents Day

Symphony Concert #3—Saturday, February 6th, 7:30pm, Port Angeles High School Auditorium, 304 E. Park Ave.

For information or tickets, contact pasymphony@olympen.com or go to www.portangelessymphony.org



Clallam
Mosaic

*Empowering people with developmental disabilities
for a more viable community*

Clallam Connection Submission: Clallam Mosaic Update - December 16, 2015
2015 in pictures (thank you Barbara Lippert for some fantastic photography!)
Clallam Mosaic's Winter Quarter 2016 starts January 4th Come see us in the New Year...



Clallam Mosaic, P.O. Box 3081, Sequim, WA 98382 – 360.681.8642 – info@clallammosaic.org
www.clallammosaic.org



2015 has been an incredible year for Clallam Mosaic, capped off in November with an amazing fundraiser that raised almost \$20,000! A big thanks go out to our Fundraising Committee: Dena Schneider, Kim Yacklin, Lisa Petrisin, Mary Jane Duncan, Deziree Greenstreet and Kara Grubbs. And thank you to Tresa Stuber & Sandy Voelz who stepped in to fill many gaps and lend an extra hand! The staff at Clallam Mosaic is looking for a restful holiday season but we will all be back in January with a new session of classes starting on Monday, January 4th. Registration materials are available to download at www.clallammosaic.org. Come join Bonne Smith, Emma Easton, Dodie French, George Will, volunteer Susan Fahrenholtz and new instructors Anna Andersen and Lynn Slater for an exciting 10-week winter quarter!

Think Inclusive

Inclusion is a Verb

june 9, 2015 by [lisafriedman](#) · 0 comments

Ok, I'm splitting hairs here a little. The grammar police are screaming, "No, **include** is a verb, **inclusion** is a noun." And they are right, grammatically.

But if we are going to get to the heart of what it means to include others, we need to think of inclusion as a verb. Because it will not matter, in the end, what we say, if it's not backed up by what we do.

Inclusion happens when people actively include others. Think behavior, authentic conversations, genuine and meaningful interactions. Inclusion is about helping people feel comfortable enough to be who they truly are in your presence. And the more comfortable people feel, the easier it will be to include others who are different

Inclusion is a conscious action. We must choose to include. We have to engage in behavior that lets the other person in. Not just allows that person to sit on the sidelines and watch, but really lets them in. And if we have to change the game a little along the way, so be it. That's inclusion.

How do I do it, you ask?

Use people's names. Names matter. Imagine what our relationships could become if we intentionally and deliberately learned and used the name of each person with whom we interact. I'm not just talking about the people we work with or those that we see regularly. I'm suggesting that we learn and use the names of every person we encounter. "Thank you, Susan, for checking me out at Shop Rite today." Or, at your favorite coffee shop, "Thank you. Have a great day, Paul."

Teach the value of inclusion. Demonstrate it. Look the man using a wheelchair that you pass every morning in the eye and say, "Hello." Choose a line at the grocery store for the clerk with a disability and quietly explain to your children, outside the store, that you continue to shop at this very store because of its inclusive employment practices. Walk a little farther because there are certain spots saved for people who don't walk as well as you can on their own.

You can do it. Let people in. Choose to include. Like I said, **inclusion is a verb.**

<http://www.thinkinclusive.us/inclusion-is-a-verb/>

The Washington State Developmental Disabilities Administration is facilitating the development of a Guidebook for mental health providers on understanding and serving individuals with co-occurring mental health issues and intellectual disabilities.

DDA would like to enhance the Guidebook and its intended message with meaningful artwork created by you, as well as personal stories of your experience with the mental health system and your mental health journey.

Please submit your personal stories, no more than one page and/or personal artwork to Katie Kimball at: kimbacl@dshs.wa.gov or go to the IFBT website at: www.informingfamilies.org/mh_artwork/ for more information.

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Clallam County Health & Human Services
Developmental Disabilities
223 E 4th Street, Suite 14
Port Angeles, WA 98362

Got a Story? Got News? Contact Tim Bruce at
360-417-2428 or tbruce@co.clallam.wa.us

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SPREAD THE WORD
TO END THE WORD
www.r-word.org